



BREAKFAST SERVED 7a - 11a

AVOCADO TOAST (13) v

smashed avocado /organic hemp seeds
heirloom cherry tomatoes / arugula /red pepper flakes
lola's lemony dressing /pink himalayan salt + lox (7)

Choice of Bread:

rustic artisan/ multi-grain / french baguette/ gluten free (+1)
add a poached egg (1.75)

EGG & BACON SANDWICH (10)

free range eggs/turkey bacon/ aged cheddar
organic roma tomatoes / garlic aioli / warm brioche bun
gluten free (+1) +avocado (2)

LOLA'S BREAKFAST BURRITO (10)

free range eggs / gruyere cheese / turkey bacon / avocado
sweet potato tots / dash o' pico de gallo / sombal aioli / spinach tortilla

PROPRIETOR'S VEGAN BREAKFAST BURRITO (11) v

organic red quinoa & lentils (no egg) / spinach
bell peppers / organic zucchini / vegan cheese
vegan aioli / sweet potato tots / avocado / pico / tomato tortilla

EGG & AVO SMASH SANDWICH (10.5)

free range eggs/smashed avocado/aged cheddar /
organic roma tomatoes / pink himalayan salt/garlic aioli
on toasted rustic artisan / gluten free (+1) +turkey bacon (2)

CAPPY'S HENRY (10)

free range eggs / arugula / basil / red onions / mascarpone
on toasted baguette w/ side of berries + turkey bacon (2)

LOX, MASCARPONE & FRENCH BAGUETTE ** (12.5)

house cured lox/capers/red onions/mascarpone
w/ toasted artisan french baguette // gluten free (+1), Avocado (+2)

SUZY'S ICELANDIC BREAKFAST ** (12)

house cured lox/capers/red onions/lettuce/egg salad
mascarpone / on rustic artisan // gluten free (+1)

LOX & MASCARPONE FLATBREAD ** (14.5)

house cured lox/mascarpone/capers/red onions
organic roma tomatoes // gluten free (+1)

BRIOCHE FRENCH TOAST SOUFFLÉ (10.5)

served with 100% organic maple syrup
options based on availability: mixed berry, nutella, banana & walnut or
apple cinnamon

+turkey bacon (2) +house made whipped cream (.50)

POACHED EGGS ON TOAST (10)

on rustic toast / served w/ side of arugula+heirloom cherry tomatoes
w/ house lemony dressing // gluten free (+1) +avocado (2) + lox (7)

(gf/va) QUINOA BUTTERNUT POWER BOWL (12)

organic quinoa/ roasted butternut squash/ egg whites/ fresh basil
toasted almonds/ scallions/ arugula/ Lola's lemony vinaigrette
add roasted rosemary chicken (4.5)

sub one poached egg (1) or avocado (1.5) for egg whites
vegan apple sausage - sub (2.75) add (3.5)

MIXED BERRY FLATBREAD (12.5)

fresh berries/mascarpone cheese/ fresh mint/ drizzle of honey

GARDEN BREAKFAST (9.5) va

brie/persian cucumbers/organic roma tomatoes
red onions/fresh organic mint & basil/
toasted artisan french baguette // gluten free (+1)
*Vegan Option - sub cashew cheese for brie (+1)

GRANOLA & FRESH BERRIES (10.5) va

organic & gluten free ancient grain granola/fresh berries
choice of milk // organic greek yogurt (+1) / steamed milk available

FRESH BERRIES & ORGANIC GREEK YOGURT (9.5)

drizzled with honey

TOAST (5) va

butter and organic strawberry preserves / mascarpone cheese (+1)
brie cheese (+3) - vegan option - cashew cheese (+3)

Choice of Bread: rustic artisan/french baguette
multi-grain (+.50) /gluten free (+1)

GRILLED CHEESE & TOMATO BASIL SOUP (11)

+avocado (2) +turkey bacon (2) +onions or tomatoes (.50 each)
(sub vegan cheese for vegan option) va

KIDS MENU

w/mini tangerines, berries or sweet potato tater tots

SUN BUTTER & ORGANIC STRAWBERRY PRESERVES (6.5)

EGG & CHEESE SANDWICH (6.5)

CHEESE PIZZA (6.5)

NUTELLA & BANANA PIZZETTE (6.5)

MAC N' CHEESE (6.5)

TURKEY n' CHEESE SANDWICH (6.5)

GRILLED CHEESE (6.5)

v - vegan
va - vegan available
gf - gluten free
GF bread for any item \$1

**Consuming raw or undercooked
meats, poultry, seafood,
shellfish, or eggs may increase

prosecco mimosas, wine & beer served all day

WE PROUDLY SERVE:

Rocky's Chicken, free range eggs and uncured Turkey Bacon that is nitrate/nitrite free

We avoid the 'dirty dozen' for all produce

Daiya vegan cheese & eggless mayo available

COFFEES & TEAS

Intelligentsia espresso & fresh brewed coffee (Lola's Blend)

SYRUPS & ASKINOSIE CHOCOLATE GANACHE ARE MADE IN HOUSE

cold brew coffee brewed in house

Stumptown Nitro

organic iced & hot loose leaf teas

