



LUNCH 11am-2:30 pm

AVOCADO TOAST (11) v

smashed avocado /organic hemp seeds /micro greens
heirloom cherry tomatoes/red pepper flakes
lola's lemony dressing /pink himalayan salt

Choice of Bread:

multi-grain /rustic artisan /french baguette gluten free (+1)

LOX, MASCARPONE & FRENCH BAGUETTE (12.5)

house-cured salmon /capers /red onions /mascarpone
toasted artisan french baguette

SUZY'S ICELANDIC BREAKFAST (12)

house cured lox/capers/red onions/lettuce/egg salad
mascarpone cheese / on rustic artisan

EGG & BACON SANDWICH (10)

free range eggs/turkey bacon /aged cheddar /garlic aioli
organic roma tomatoes /warm brioche bun +avocado (2)

ORGANIC GRANOLA & FRESH BERRIES (10) gf / v

organic ancient grain granola/fresh berries
choice of milk or organic greek yogurt

FRESH BERRIES & ORGANIC GREEK YOGURT (9)

drizzled with honey

TOAST (4.5) va

butter or mascarpone cheese/organic strawberry preserves
+ brie cheese (3)

Choice of Breads:

rustic artisan/french baguette/multi-grain/gluten-free (+1)

FLATBREADS

RUSTICO (12.5)

goat cheese/caramelized onions/figs/organic arugula
balsamic reduction

MARGHERITA (12.5)

mozzarella/parmesan/organic roma tomatoes /basil
house-made pesto

MIXED BERRY FLATBREAD (12.5)

berries/mascarpone/fresh organic mint/drizzle of honey

BBQ CHICKEN (13.5)

free range BBQ chicken/red onions/cilantro leaves/
smoked gouda & mozzarella cheeses/jalapeno rings

CURRIED CHICKEN FLATBREAD (13.5)

curried chicken/white cheddar/organic arugula

LOX & MASCARPONE (14.5)

house cured lox /mascarpone /capers /red onions,
& fresh tomatoes

MAC N' CHEESE + SIDE SALAD (11)

jumbo sized, ridged elbow pasta, with creamy
aged cheddar cheese.

QUINOA BUTTERNUT POWER BOWL* (12) gf / va

organic quinoa/ roasted butternut squash /egg whites
fresh basil/ toasted almonds/ scallions /arugula
lemony dressing // *Vegan Option - sub avocado for egg
add roasted rosemary chicken (4.5)

KIDS MENU

w/mini tangerines, berries or sweet potato tater tots

SUN BUTTER & ORGANIC STRAWBERRY PRESERVES (6.5)

EGG & CHEESE SANDWICH (6.5)

CHEESE PIZZA (6.5)

NUTELLA & BANANA PIZZETTE (6.5)

MAC N' CHEESE (6.5)

TURKEY n' CHEESE SANDWICH (6.5)

GRILLED CHEESE (6.5)

SANDWICHES breads are lightly toasted

+ **SIDE SALAD to any dish:** organic mixed greens & heirloom
cherry tomatoes with house citrus vinaigrette (2.5)

TUSCAN CHICKEN (11) served hot

organic chicken/fresh mozzarella/sun-dried tomatoes/fresh basil
house-made pesto aioli/grilled on french artisan baguette

ITALIAN STYLE TUNA SALAD SANDWICH (10.5)

albacore tuna/extra virgin olive oil/red onions/capers/kalamata olives/
sun-dried tomatoes/basil/celery/lettuce/on toasted multigrain (no mayo)

TUNA MELT (12.5) served hot

Italian Style Tuna Salad + aged cheddar cheese on multigrain
avocados/organic mixed greens (no mayo)

CAPRESE (10) (hot or cold)

house-made pesto/fresh mozzarella/organic roma tomatoes/fresh basil
balsamic reduction & EVOO/on a french artisan baguette

LOUIS' GRILLED CHEESE (10.5)

brie cheese/fig jam/thinly sliced organic green apples/on rustic artisan

NUTELLA, RASPBERRIES & BRIE GRILLED CHEESE (10.5)

brie cheese/nutella/fresh raspberries/grilled on rustic artisan

CURRIED CASHEW CHICKEN SANDWICH (10.5)

organic chicken/mild curry/cashews/mayo with white wine marinade
mango chutney/dates/chopped celery/scallions/lettuce/on rustic artisan

EGG SALAD SANDWICH (10.5)

organic eggs/fresh dill/scallions/celery/dijon & mayo/ arugula /on brioche

OVEN ROASTED TURKEY CLUB (12.5)

diestel turkey/gruyere cheese/turkey bacon/avocado/lettuce
garlic aioli / organic roma tomatoes/on rustic artisan

RAW VEGAN WRAP (11) paleo /gf / v

cashew cheese/smashed avocados/organic mixed greens &
rocket lettuce/sweet bell peppers /cucumbers/ organic roma tomatoes
fresh organic basil /watermelon radishes/scallions/ in a gluten-free, paleo wrap

SALADS

Add Protein: curried cashew chicken, rosemary chicken, Italian tuna,
egg salad (4.5) 2 hard boiled organic egg (4) cashew cheese (2)

LOLA'S HOUSE SALAD (11) va

organic mixed greens & rocket lettuce/watermelon radishes/heirloom cherry tomatoes/
scallions/toasted pine nuts/goat cheese /micro greens/
lightly tossed in house-made citrus champagne dressing

QUINOA TABOULI (11) gf / v

organic persian cucumbers/heirloom cherry tomatoes/quinoa /fresh mint/
italian parsley/scallions /garlic/fresh squeezed lemon juice & EVOO

KALE & SHAVED BRUSSELS SPROUTS (12.5)

organic kale/shaved brussels sprouts/medjool dates/parmesan/toasted
hazelnuts/fresh garlic/house lemon dressing

SPIRALED ZUCCHINI (12.5) v

organic spiraled zucchini/bell peppers/rocket lettuce/avocados/hemp seeds
organic mangos/heirloom cherry tomatoes/fresh berries/mango sesame dressing

MEDITERRANEAN SPINACH SALAD (12.5) va

organic baby spinach/lentils/organic persian cucumbers/olives/red onions
sun-dried tomatoes /feta /Lola's herb vinaigrette

STRAWBERRY SPINACH SALAD (12.5) va

organic baby spinach/candied walnuts/goat cheese/fig balsamic dressing

v - vegan

va - vegan available

gf - gluten free

GF bread for any

item \$1

**Consuming raw or under-
cooked meats,
poultry, seafood, shellfish
or eggs may increase your
risk of food-borne illness.

prosecco mimosas, wine & beer served all day

WE PROUDLY SERVE: Rocky's Chicken, quality free-range

eggs, uncured Turkey Bacon that is nitrate/nitrite free

We avoid the 'dirty dozen' for all produce

Daiya vegan cheese & eggless mayo available

COFFEES & TEAS

Intelligentsia espresso & fresh brewed coffee (Lola's Blend)

SYRUPS & ASKINOSIE CHOCOLATE GANACHE

ARE MADE IN HOUSE

cold brew coffee brewed in house & Stumptown Nitro
organic iced & hot loose leaf teas